

NOVA SCOTIA GRANDMASTERS CURLING ASSOCIATION

NEWSLETTER

INTRODUCTION:

The mission of Nova Scotia Grandmasters Curling Association is to promote curling in Nova Scotia for men and women curlers aged 70 and older.

PROVINCIAL BONSPIEL REGISTRATION:

Registration is now open at the Nova Scotia website (<https://nscurl.com/nsevents/>) for our second Nova Scotia Grandmasters Provincial Bonspiel to be held on January 22 to 24, 2019 at the Mayflower Curling Club.

The Provincial Bonspiel is an open registration to the first 12 men's teams and the first 12 women's team to enter.

A link is also available with the Nova Scotia Grandmasters Curling Association website at www.grandmasterscurlingns.ca.

Registration closes at midnight December 21, 2018.

THE ELIGIBILITY RULES:

On December 31, 2019 women and men must be at least 70 years of age. **Note:** This is a change in the eligibility date from last year and was approved by the Executive.

All players must be active members of a NSCA affiliated curling club.

All players must participate in club(s) draws at the curling club(s)

OUR GOLD SPONSORS:

Welcome to our new sponsor!



Zoomers Physiotherapy and Health Solutions is committed to helping adults continue to participate in the activities they love. We have in-home and in-clinic professional services such as physiotherapy and massage therapy. We also have a variety of group fitness classes led by physiotherapists to maximize your balance and strength.

If you are looking for a way to maximize your performance and minimize risk of injury, we can help! Let us help you LIVE THE LIFE YOU LOVE... and be ready for the Grandmasters Bonspiel.

The website link is www.zoomershealth.ca

OUR SUPPORTERS:

A continuing thank you to the supporters of our Provincial Bonspiel, Peter and Marilyn Corkum.

SPECIAL RECOGNITION:

Thank you to our Website developer, Ken Donnelly at ken@beyondattitude.com.

CONTACT:

If there are any questions, please contact Milt Larsen at Tel/Text: 902-222-6123.