ISSUE 11

NOVA SCOTIA GRANDMASTERS CURLING ASSOCIATION

NEWSLETTER

INTRODUCTION:

The mission of Nova Scotia Grandmasters Curling Association is to promote curling in Nova Scotia for women and men curlers aged 70 and older. Visit our website at <u>grandmasterscurlingns.ca</u> to learn more about our Association.

PROVINCIAL BONSPIEL REGISTRATION:

The Nova Scotia Grandmasters Provincial Bonspiel is to be held on March 25 to 28, 2024 at the Dartmouth Curling Club.

Registration is now open at the Nova Scotia website <u>nscurl.com</u> under competitions / events. This is an open registration to the first 12 men's teams and the first 12 women's teams to enter.

The registration fee is \$340 per team. Registration closes at midnight February 25, 2024.

The information on the draw will be provided to all team contacts.

THE ELIGIBILITY RULES:

On December 31, 2023 women and men must be at least 70 years of age.

All players must be active members of a NSCA affiliated curling club.

All players must participate in club(s) draws at the curling club(s)

CONTACT:

If there are any questions, please contact Milt Larsen at Tel/Text: 902-222-6123.

OUR GOLD SPONSORS:

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Zoomers Physiotherapy and Health Solutions is committed to helping you live your life to the fullest!

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Our health and fitness services cater to adults aged 50+. We have in-clinic professional services such as physiotherapy and massage therapy. We are also proud to have the Club Z Fitness Program that offers live and recorded fitness classes led by physiotherapists. Classes are available both online and in-studio at our Halifax location.

More information is available on the clinic website at <u>zoomershealth.ca</u> & the Club Z website at <u>club-z.ca</u>

Zoomers is located at 291 Horseshoe Lake Drive in Bayer's Lake Park in Halifax, NS.

OUR SUPPORTERS:

A continuing thankyou to the Curling Store for their continued support.

SPECIAL RECOGNITION:

Thank you to our Website developer, Ken Donnelly at ken@beyondattitude.com .